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OFFICE BASED TRANSNASAL ESOPHAGOSCOPY (TNE)

Transnasal esophagoscopy (TNE) is an office based procedure that allows us to inspect your esophagus. TNE can help assess damage done by reflux and can also diagnosis a number of other conditions of the esophagus. Unlike flexible esophagoscopy, no sedation is required. Local or topical anesthesia is used to allow inspection of the esophagus.

Prior to treatment:

- ◆ You can have clear liquids during the 3 hour period prior to the procedure.
- ◆ No solid food should be eaten prior to the procedure.
- ◆ Wear clothing that is loose around the neck and no neck jewelery is preferred.
- ◆ On the day of your procedure, please have someone accompany you.

Following treatment:

- ◆ Nothing to eat or drink following treatment for approximately 1 hour.
- ◆ Follow up will be arranged.
- ◆ Resume all medications.

Please call if there are any questions.